

Training & Development Program

	Group 1 (5-6 yrs)	Group 2 (7-8 yrs)	Group 3 (9–11 yrs)	Group 4 (12+)
Monday				
Tuesday	John Fisher (Gym) (6-7pm)	John Fisher (Gym) (6-7:30pm)		John Fisher (Gym) (7:30-9:00pm)
Wednesday			Blythwood gym (Gym) (6-730pm)	
Thursday				
Friday				
Saturday	Soccerplex (Turf) 1 (2-3pm)	Soccerplex (Turf) 1 (3-4pm)	Soccerplex (Turf) 1 (1-2pm)	Soccerplex (Turf) 1 (4-5pm)
Sunday				
Locations:				
John Fisher Junior Public School — 40 Erskine Ave, Toronto, ON M4P 1Y2				
Blythwood Junior Public School — 2 Strathgowan Crescent, Toronto, ON M4N 2Z5				
Toronto Soccerplex — 101 Railside Rd, North York, ON M3A 1B2				